



National Network

Information, Guidance and Training on the Americans with Disabilities Act

Call us toll-free
1-800-949-4232 V/TTY

Find your regional center at
www.adata.org

Provided By:
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Car Emergency Supplies Kit Checklist

Car Emergency Supplies Kit contains items you will need if you have to evacuate the area and/or are in or near your vehicle during an emergency.

Keep important items in your trunk so you can quickly and easily access them. Include items such as a cell phone charger, batteries, road flares, jumper cables and maps. Use this Checklist as a tool to ensure you have the necessary items in your Car Emergency Supplies Kit.

Date	Item	Notes
	Important hardcopy information:	
	Emergency health information ¹	
	Copies of emergency contact lists. ²	
	Other important items:	
	Cell phone charger	
	Flashlights and extra batteries, light sticks	
	Emergency food	
	Assorted sizes or re-closeable plastic bags for storing, food, waste, etc.	
	Road flares	
	First aid kit and first aid book	

¹ sample form at <http://cdihp.org/products.html#savvy>

² Emergency Contact Checklist Tip Sheet (<http://adapacific.org/emergency/checklists.php>)



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	Blankets or emergency blankets (lightweight, fold to pocket size, made of a reflective material which reflects up to 80% of your radiant body heat to help keep you warm)	
	Tools (screwdriver, pliers, wire, pocket knife, can opener, duct tape, etc.)	
	Batter jumper cables	
	Reflective vest	
	Rain poncho	
	State and local maps	
	Wheelchair or Scooter Users:	
	Recharging devices that can be connected to vehicle for an emergency charge.	
	Speech or Communication Issues:	
	If you use a laptop computer for communication, consider getting a power converter that plugs into the cigarette lighter of a vehicle.	

For more information, call and speak to an ADA specialist at **1-800-949-4232**. All calls are confidential.

Content was developed by the Pacific ADA Center, and is based on professional consensus of ADA experts and the ADA National Network.



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